## NOVEMBER 2024

# Health-e Pro



	MON	TUE	WED	THU	FRI
М		ROT AND CELERY VAILABLE EVERY I			Taco meat & Chips Lettuce & Cheese Fresh Grapes/Apple Refried Beans ALT:Chicken Patty Sandwich SB:Pasta Bar ZONE:Cheese & Crackers
4 zc	Rib Sandwich Southwest Chopped Salad Pineapples/Orange Zee Zee Bar Brownie ALT: Pepperoni Pizza SB: Taco Bar DNE: Yogurt & Graham	5 Shredded Chicken Sandwich Curly Fries Diced Peaches/Apple Fruit Crisp SB:Baked Potato Bar ZONE: EZ JAMMERS	Cheese Soup Steamed Broccoli Mandarins/Fresh Orange Hot Pretzel/Cracker SB:Breadsticks/MarinaraZ ONE: EZ JAMMERS	Mashed Potatoes/sauer Banana/Apple Danimals Yogurt	8 Cheese Pizza Diced Carrots Tropical Fruit Mix/Orange Pudding ALT:Chicken Nuggets SB:Coney Dog Bar ZONE:Yogurt & Graham
11	Sloppy Joes Sweet Potato Fries Diced Pears/Apple Fruit Snack ALT:Sausage Pizza SB: Mashed Potato Bar ZONE: EZ JAMMER	Romaine Salad/Ranch Pineapples/Oranges Dinner Roll	13 Hotdog Baked Beans Strawberries/Apple Cake SB:Grilled Cheese ZONE: EZ JAMMERS	74 Turkey and Gravy Mashed potatoes Peaches/Oranges W/G Bread SB:Shrimp ZONE:Yogurt	15 Crispy Fish Sandwich Green Beans Applesauce/Apple Oreo Cookie ALT:Popcorn Chicken SB:Chicken Patty Sandwich ZONE:Cheese & Crackers
18	Chili Soup Fresh Pear/Orange Fritos Corn Chips Dinner roll ALT: Cheese Pizza SB:Fajita Bar ZONE: Yogurt	Broccoli & Dip Mandarin Oranges/Apple Graham Cracker	20 Macaroni & Cheese Green Beans or Veggies w/Hummus Cinnamon Apples/Orange Pretzels SB:Biscuit & Sausage gravy ZONE:EZ JAMMERS	W/G Bread	22 Chicken Twister Lettuce & Cheese Fresh Grapes/Orange Fruitables Punch ALT: Chicken Sandwich SB:Coney Dog Bar ZONE:EZ JAMMERS
	Chicken Nuggets Far East Veggie Blend Diced Pears/Apple Dinner Roll ALT:Pepperoni Pizza SB:Mr. Fish Sandwich ZONE: EZ JAMMER	26 Hamburger Sandwich French Fries Diced Peaches/Orange S'more Snack SB:Grilled Chicken Sand. ZONE:Yogurt	T	<sup>28</sup> URKEY TIME O NO SCHOOL NKSGIVING BE	UT EAK

### **ANNOUNCEMENTS**

Thanksgiving Break November 27 - December 2

Make your Memories with Family and Friends!

### MENU SUBJECT TO CHANGE



K-8 \$2.15 9-12 \$2.25 Adult: \$2.75 + drink Juice \$0.25 Milk \$0.55 Water \$.55

Ala Cart: Ice cream \$1.00 Chips \$.75