NOVEMBER 2024

Health-e Pro 🍎



MON	TUE	WED	THU	FRI
	ROT AND CELERY VAILABLE EVERY I			Taco meat & Chips Lettuce & Cheese Fresh Grapes/Apple Refried Beans ALT:Chicken Patty Sandwich SB:Pasta Bar ZONE:Cheese & Crackers
4 Rib Sandwich Southwest Chopped Salad Pineapples/Orange Zee Zee Bar Brownie ALT: Pepperoni Pizza SB: Taco Bar ZONE: Yogurt & Graham	Sandwich Curly Fries Diced Peaches/Apple Fruit Crisp SB:Baked Potato Bar	Cheese Soup Steamed Broccoli Mandarins/Fresh Orange Hot Pretzel/Cracker SB:Breadsticks/MarinaraZ ONE: EZ JAMMERS	7 Smoky Link w/Bun Mashed Potatoes/sauer Banana/Apple Danimals Yogurt SB:Chicken Twister ZONE:Cheese & Crackers	8 Cheese Pizza Diced Carrots Tropical Fruit Mix/Orange Pudding ALT:Chicken Nuggets SB:Coney Dog Bar ZONE:Yogurt & Graham
Sloppy Joes Sweet Potato Fries Diced Pears/Apple Fruit Snack ALT:Sausage Pizza SB: Mashed Potato Bar ZONE: EZ JAMMER	Romaine Salad/Ranch Pineapples/Oranges	13 Hotdog Baked Beans Strawberries/Apple Cake SB:Grilled Cheese ZONE: EZ JAMMERS	14 Turkey and Gravy Mashed potatoes Peaches/Oranges W/G Bread SB:Shrimp ZONE:Yogurt	75 Crispy Fish Sandwich Green Beans Applesauce/Apple Oreo Cookie ALT:Popcorn Chicken SB:Chicken Patty Sandwich ZONE:Cheese & Crackers
18 Chili Soup Fresh Pear/Orange Fritos Corn Chips Dinner roll ALT: Cheese Pizza SB:Fajita Bar ZONE: Yogurt	Page 19 Sausage Pizza Broccoli & Dip Mandarin Oranges/Apple Graham Cracker SB:Grilled Chicken Sand. ZONE:Salami & Cheese Sandwich	20 Macaroni & Cheese Green Beans or Veggies w/Hummus Cinnamon Apples/Orange Pretzels SB:Biscuit & Sausage gravy ZONE:EZ JAMMERS	2] Country Fried Steak Mashed Potatoes Mixed Fruit/Apple W/G Bread SB:Chicken Quesadilla ZONE:Cheese & Crackers	22 Chicken Twister Lettuce & Cheese Fresh Grapes/Orange Fruitables Punch ALT: Chicken Sandwich SB:Coney Dog Bar ZONE:EZ JAMMERS
25 Chicken Nuggets Far East Veggie Blend Diced Pears/Apple Dinner Roll ALT:Pepperoni Pizza SB:Mr. Fish Sandwich ZONE: EZ JAMMER	26 Hamburger Sandwich French Fries Diced Peaches/Orange S'more Snack SB:Grilled Chicken Sand. ZONE:Yogurt		²⁸ URKEY TIME O NO SCHOOL NKSGIVING BE	UT CANAL SEAK

ANNOUNCEMENTS

Thanksgiving Break November 27 - December 2

Make your Memories with Family and Friends!

MENU SUBJECT TO CHANGE



MEAL PRICES

K-8 \$2.15 9-12 \$2.25 Adult: \$2.75 + drink Juice \$0.25 Milk \$0.55 Water \$.55

Ala Cart: Ice cream \$1.00 Chips \$.75