TUESDAY WEDNESDAY MONDAY THURSDAY FRIDAY

Sandwich: \$1.75 alone Lunch Prices:

Extra Main Item: \$1.25 K-8: 2.15 Milk \$.55 HS: 2.25

Water \$.55 Adult: 2.75 Drink is extra

Juice \$.55

K-4 NO WATER UNLESS NOTED FROM PARENT

Email Balances

CARROTS & CELERY EVERYDAY.

Lunch balance signup/information and to make Payments: www.payschoolscentral.com

2

Free/Reduced meal applications

- . Fill out a
- 2. Send in
- 3. Fill out of
- 4. Let us know about incoming kindergarteners
- 5. Sign the "fee waiver" to get SCHOOOL FEES waived.
- 6. IF SOMETHING CHANGES You may apply anytime of the year. Notify us if you go on foodstamps as well.

t a new form <u>every</u> year AFTER JULY 1	1% WHITE MILK, FF FLAVORED MILK OR
n asap (even before school starts)	JUICES take place of milk INCLUDED.
t only one form per family	EXTRA DRINK \$.55

	Zone Items take	2	0 21	22	23	
	place of the main item (1st item listed) They also get what is on the rest of the menu for that day.	Hamburger Sandwich	Pepperoni Pizza	Beef Noodles	Breadsticks/Marinara	
		French Fries	Bean Bag Salsa	Diced Carrots	Broccoli Salad	
1		Diced Peaches	Pineapple Chunks	Fresh Apple Slices	Craisins	
		Cereal Snack	Potato Chips	Cinnamon Swirl Cake	Vanilla Wafers	
AL 7-12	4 Oct asked if they	Same	Same	Same	Popcorn chicken	Г
SL 7-12	are regular line,Zone or packer	Grilled Chicken Sand.	Cheese Sticks	Chicken Quesadilla	Taco Bar	
Z 1-6		Yogurt	EZ JAMMERS	Cheese& Crackers	Yogurt & Graham	
		26 2	7 28	29	30	1
	Breaded Drumstick	26 2 Hotdog Sandwich	7 28 Chicken Patty Sand		30 French Toast & Syrup	L
				Taco Pizza		
	Breaded Drumstick	Hotdog Sandwich	Chicken Patty Sand	Taco Pizza Steamed Broccoli	French Toast & Syrup	
2	Breaded Drumstick Green Beans	Hotdog Sandwich Waffle Fries	Chicken Patty Sand Corn/Hummus	Taco Pizza Steamed Broccoli Mixed Fruit	French Toast & Syrup Cubed Hasbrowns	
2	Breaded Drumstick Green Beans Tropical Fruit Mix w/g Dinner Roll w/Butter	Hotdog Sandwich Waffle Fries Fresh Orange Wedges	Chicken Patty Sand Corn/Hummus Diced Peaches	Taco Pizza Steamed Broccoli Mixed Fruit Yogurt	French Toast & Syrup Cubed Hasbrowns Strawberries	
2 AL 7-12	Breaded Drumstick Green Beans Tropical Fruit Mix w/g Dinner Roll w/Butter	Hotdog Sandwich Waffle Fries Fresh Orange Wedges w/g Carnival Cookie	Chicken Patty Sand Corn/Hummus Diced Peaches Ice Cream Cup	Taco Pizza Steamed Broccoli Mixed Fruit Yogurt Same	French Toast & Syrup Cubed Hasbrowns Strawberries Cheese Stick	

What makes a meal a REGULAR PRICED MEAL? At least 3 food componets from this list: 1 OF 3 MUST BE fruit and or veggie -Protein, Bread, Milk, Vegetable, Fruit. 3,4 or 5 Builds a tray, eat a fruit or veggie everyday

Breakfast is served Daily from 8-8:15. Elementary students can get breakfast bags in the Nurses office.

*This institution is an equal opportunity provider.

August 202

NEW Coming soon!





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	NO SCHOOL 2	3	4	1 5	6	
		Hamburger Sandwich	Meatballs and Sauce	Pizza Melt	Sausage & egg sandwich	
		Baked Beans	Romain w/ Ranch	Corn	Fresh Carrot and Ranch	
3		Mandarin Oranges	Diced Peaches	Banana	Diced Pears	
	Health e 🔯	Pretzels	Whole Grain Dinner Roll	Fruit Snack	Push-Up	
AL 7-12		Same	Same	Same	Chicken Nuggets	
SL 7-12		Submarine Sandwich	Grilled Cheese	Shrimp	Hot Dog Bar	
Z 1-6		EZ JAMMERS	Yogurt & Graham	EZ JAMMERS	Yogurt & Graham	
	9	10	1	12	13	
	Popcorn Chicken	Salisbury Steak	Pork BBQ Sandwich	Grilled Cheese	Taco meat & Chips	
	Green Beans	Mashed Potatoes	Romaine Salad/ House	Tomato Soup/Goldfish	Lettuce & Cheese	
	Mandarin Oranges	Mixed Fruit	Applesauce	Peaches	Fresh Grapes	
	W/G Dinner Roll	W/G Butter Bread	Brownie	Celery & Carrots	Refried Beans	
AL 7-12	Pizza	Same	Same	Same	Chicken Patty Sandwich	
	Korean Beef / rice	Grilled Chicken Sand.	Cheese Sticks	Stuff Crust Pizza	Pasta Bar	
Z 1-6	EZ JAMMERS	Yogurt	EZ JAMMERS	Yogurt & Graham	Cheese & Crackers	
	16	17	18	19	20	
	BBQ Rib Sandwich	Shredded Chicken Sand	Cheese Soup	Smoky Link w/Bun	Cheese Pizza	
	Southwest chopped Salad	Curly Fries	Steamed Broccoli	Mashed Potatoes/sauer	Diced Carrots	
	Pineapple Chunks	Diced Peaches	Mandarin Oranges	Banana	Tropical Fruit Mix	
5	Zee Zee Bar Brownie	Fruit Crisp	w/g Hot Pretzel/Cracker	Danimals Yogurt	Pudding	
AL 7-12	Pizza	Same	Same	Same	Chicken Nuggets	
SL 7-12	Taco Bar	Baked Potato Bar	Breadsticks/Marinara	Chicken Twister	Coney Dog Bar This	
Z 1-6	Yogurt & Graham	EZ JAMMERS	EZ JAMMERS	Cheese & Crackers	Yogurt & Graham equa	
	23		25		' ·	
	NO SCHOOL	Popcorn Chicken	Hotdog	Turkey and Gravy	Crispy Fish Sandwich	
		Romaine Salad/Ranch	Baked Beans	Mashed potatoes	Green Beans	
		Pineapple Chunks	Strawberries	Peaches	Applesauce	
6		Dinner Roll /Butter	Cake	w/g Butter Bread	Oreo Cookie	
AL 7-12		Same	Same	Same	Popcorn Chicken	
SL 7-12		Submarine Sandwich	Grilled Cheese	Shrimp	Chicken Patty Sandwich	
Z 1-6		Yogurt	EZ JAMMERS	Yogurt	Cheese & Crackers	
	30				L	
	Chili Soup	What makes a meal REG	ELILAD DDICED MEALS	Did way ramambar ta	no combu for front roduced	
	Fresh Pear	At least 3 componets fr		Did you remember to re-apply for free/ reduced meals for this year? The grace period is over October 1. The offices have applications or you can		
7	Fritos Corn Chips	-Protein,Grain , Milk, V	egetable, Fruit.			
	w/G Dinner roll	-1 of the 3 MUST BE a f				
AL 7-12		3,4 or 5 Builds a TF	KAY, eat a fruit or	apply on payschools		
	Fajita Bar	veggie everyday				
Z 1-6	Yogurt			_		

September 2024

his institution is an qual opportunity rovider.

NEW!!!! Health e Pro Menus COMING SOON!

